

[Troy Craughwell Protocol re: Bully Prevention Education Bullying ...](#)Maureen
Mahalick
Guidance Counselor
bugsmasher.weebly.com

Troy Craughwell Protocol re: Bully Prevention Education



Bullying prevention at Troy Craughwell is something we do on a daily basis. We teach students in accordance with the state of Illinois Social Emotional Learning Standards, to be thoughtful, kind and cooperative learners. These standards are the basis for our developmental guidance program.

Bully prevention is something that is embedded in everything we do. Our mission statement and expectations is as follows.

We teach our students to be Respectful, Responsible, and Peaceful. We begin each day with our pledge:

Troy Craughwell Daily Pledge

Today is a new day.

I will do my best to be respectful, responsible and peaceful.

I came to Troy Craughwell to learn.

When I work with my teachers, family and friends I can achieve this.

Each classroom displays a poster that states:

We Know Troy Craughwell is:

Special: We welcome everyone with a smile. We invite all into our school and encourage participation in Craughwell activities.

Nurturing: We complement, comfort, listen, and support with kindness while modeling what we teach our students to be.

Encouraging: We celebrate our community of diverse learners by supporting and challenging all to meet their potential while filling their buckets daily.

Open Minded: We are accepting of others and their opinions by opening and actively listening to others' ideas and respecting everyone's differences.

Simply the Best: We create a supportive, helpful, and positive environment for all staff and students, by sharing how we are teaching lessons, refraining from gossip or complaints, teaching social lessons to our students, and recognizing them as individuals.

Morning Meetings

Each classroom participates in morning meetings. These meetings begin our day discussing our daily **3 Word Thought**. Each classroom teacher displays a calendar with the daily thoughts displayed. The content is based on our monthly SEL Social Emotional Learning Targets . Those targets are as follows:

SEL: Social Emotional Learning Targets for Guidance Lessons at Troy Craughwell
Monthly themes and Expectations. Expectation means that I know what I am supposed to do and I work towards accomplishing it.

August: Be Peaceful. I can demonstrate self-control and remain calm.

September: Be Respectful. I can treat others as I want to be treated.

October: Be responsible. I can do my work and take care of my things.

November: Be Grateful. I can be thankful.

December: Have Empathy. I can understand how others feel.

January: Be Optimistic. I can look at the positive and sunny side of things.

February: Be Accepting. I can understand and appreciate that we are all different and special.

March: Persevere. I can learn to never give up.

April: Have Integrity. I can learn to be honest with others and myself.

May: Be Trustworthy. I can learn to be someone others can depend on.

Cool Tool Tuesday: Every Tuesday we play our Cool Tool Tuesday song and teachers teach students a Cool Tool Lesson based on the 3 word thought of the day. e.g. Use respectful words. When you hear someone calling a classmate a mean name what can you do?

Friday Feature: Each Friday we play a song revolving around our monthly theme and daily 3 word thought. e.g. Respect All People. Play RESPECT by Aretha Franklin.

Tier One Monthly Lessons:

Every month each classroom receives a 30 minute guidance lesson revolving around our monthly themes. The month of October and November focus specifically on bully prevention and strategies. We begin with an annual bully prevention week. This year marks our 6th year. A letter is sent home to parents outlining the our daily focus. Each day of the week focus on one aspect of bully prevention. (e.g. students may wear red, white, and blue one day to signify they are united against bullying.)

Bully Free Pledge: A large centrally located wall is devoted to our bully free pledge. It is adorned with a signature of every student that attends Troy Craughwell. The pledge is as follows:

We pledge to make Troy Craughwell a safe and caring place in which to learn. We believe that everyone has the right to come to school each day and feel safe and respected. We will NOT tolerate bullying of any kind. We will have the courage to become involved to keep our school safe and free from bullying.

In addition to the public declaration to support bully prevention each student receives their own personal pledge to sign and keep.

Each classroom receives two 30 minute lessons aimed at bully prevention and strategies to know what to do if bullying behaviors occur. Books, videos, role play, and songs are used in the instruction. The lessons are facilitated by our school counselor Maureen Mahalick.

ABC's of Bullying A 30 minute Google Slide presentation is shown to all students in grades K-4. Please find a copy of the presentation attached.

Tier Two: Individual problem solving sessions of conflict resolution and cognitive behavioral strategies are used with individual students if needed. They are facilitated by our school counselor. The use of **I messages** are encouraged. (e.g. I feel_____when you_____. Because _____. I want_____.)

7 Habits of Happy Kids Students are taught the 7 habits of happy kids as part of the guidance program. (based on the work of Stephen Covey, *The 7 Habits of Highly Effective People*) A Google slide presentation is included.

BUCKET FILLER PROGRAM

The philosophy behind the bucket filler program is that each of us have an invisible bucket. When we show kindness toward another person we "fill" their bucket. When we disrespect another we "dip" in their bucket. Teachers and staff are always on the lookout for bucket filling behavior. Students are awarded bucket filler coupons. When a student receives 10 bucket fillers they are awarded a pencil that says "I am a bucket filler." When a student reaches 50 bucket fillers they become a member of the "Nifty 50 Club." They receive a special certificate, button, and star bucket filler key tag. When students earn 100 bucket fillers they become a member of the "Happy 100 Club." They receive a special certificate with their picture on it, button, bucket filler bracelet and small trophy, and are acknowledged at our end of the year awards program.

The highest award students can earn is the "Golden Bucket Filler Award," for an act of kindness that goes above and beyond the norm of a bucket filler. A special award with their picture is placed in our trophy case and students receive a button, small trophy, and acknowledged at our ABC assembly.

Please find artifacts below

<https://drive.google.com/open?id=0BzdpjXgnAlnWOFhGUXVITVJrYnM>

https://drive.google.com/open?id=1s_s84SGdX4turdhFv4tF1sNVN_UirNLF2e6vYiZwOqY

https://docs.google.com/document/d/16NEBeKfzNGT2fGqfSHiCzp_BlGhCNcoQG4DV-d1Ts5g/edit

<https://docs.google.com/document/d/12jUvmxWWLO84k5jXmatD9ZWtfulWeuJ9ad6g8MV9J3Y/edit>

<https://docs.google.com/document/d/1QH6pmMTcD6Eldt4CvtyxaO4gth9lo-MdM5cODmWaw98/edit>



In closing, the solution to what do schools do to prevent bullying is not a one size fits all. To begin you must be firmly dedicated to creating a culture and climate where students, staff, and parents feel respected and connected to each other in the

common pursuit of educating our students to be lifelong learners who are, intelligent, thoughtful, confident, and kind citizens of our community.



[Maya Angelou](#) > Quotes

Maya Angelou quotes (showing 1-30 of 831)

“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

— Maya Angelou